# USING EMPATHY AND EMOTIONAL INTELLIGENCE TO FOSTER DIALOGUE AND INCLUSION IN THE CLASSROOM

Workshop Exit Survey Report September 25, 2024

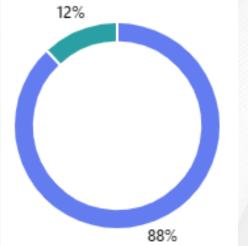
#### **OBJECTIVES**

- Facilitate dialogue between opposing viewpoints
- Encourage acting with compassion, toward others and yourself
- Nurture emotional awareness in navigating situations
- Foster mindfulness and constructive communication
- Embrace differing perspectives

## POST-WORKSHOP REFLECTION

When posed the question: "As a result of this workshop, I feel," **88%** of 25 respondents indicated that they are **more comfortable** facilitating contentious conversations with students, while **12%** indicated that they feel about the same.

- More comfortable facilitating political and/or difficult discussions in the classroom.
- Less comfortable facilitating political and/or difficult discussions in the classroom.
- About the same.



#### **MAIN IDEAS**

The <u>rubric</u>, created by our facilitators, Dr. Bill Bettler and Rev. Dr. Catherine Knott, was as follows:

- Social Responsibility
- <u>Empathy</u>
- Emotional Intelligence
- Constructive Dialogue
- · Critical Thinking

## \*Click the hyperlinks for additional information on each criterion.

Our panel of students, which included Vivian Jacobs, Pidge Schweiger, Sharon Camacena Mendez, Tyler Brunty, Raj Sharma, and Owen Via used this rubric to consider responses to a contentious classroom conversation scenario.

### **LOOKING AHEAD**

When asked what they would like to see more of in future workshops, responses from faculty included:

- Information on empathy
- Best practices

22

- Classroom exercises
- Specific course design elements
- Student perspectives
- More on emotional intelligence
- Operationalizing in the classroom
- Dealing with disinterest
- Collaboration between faculty and students